

Time Out



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Here are some golden and not so golden moments of the 2008 Beijing Olympics:

- Michael Phelps and his quest for eight individual gold medals has pretty much saved the Olympics for me. How he was able to win Friday night's 100 butterfly defies logic. And watching his mom's reaction to that incredible finish was simply priceless;

- How about the USA boxer who thought he was winning his preliminary bout 9-8 and started to dance around the ring avoiding his opponent only to discover he was actually trailing 9-8? Classic, oh yeah, and thanks cornerdudes for all your help;

- Haven't watched a USA men's basketball game yet and probably won't. I long for the days when we used college kids instead of multi-millionaires who are suppose to be the best players in the world. If they don't win each and every game by 75 points, I consider it a loss;

- I understand and appreciate the quest for difficulty and creativity when performing gymnastics routines, but couldn't USA gymnast Alicia Sacramone mount the balance beam just like everyone else?;

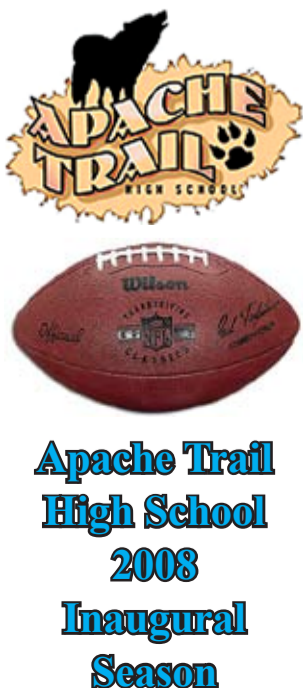
- I love Bela Karolyi's animation and passion for USA gymnastics - I just can't understand a word he is saying;

- Let's be honest. We watch gymnastics to see crashes, spills and falls, right? So when the Japanese gymnast collapsed to the mat like a cheap folding lawn chair, it was pretty cool;

- I think you have to be a So-Calian to really understand and appreciate two-person beach volleyball. Seems to me they could dink one into the open court every play;

- How about the Swedish wrestler Ara Abrah-

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Football Is Back!

A.J. secondary will be tested by Washington QBs in Thursday's pre-season scrimmage

By **Chuck Baker**
The News

The last time the Washington Rams visited Davis Field in 2006, their quarterback threw for 367 yards and two touchdowns in the Rams 39-18 win over the Prospectors.

Those same pass-happy Rams will make a return visit this Thursday, August 21, and will likely challenge the AJHS defensive secondary once again in a controlled scrimmage beginning at 7 p.m. at Davis Field. Admission to the scrimmage is free for those who bring a nonperishable food item to be donated to

Food Bank.

Washington lost its quarterback from a year ago to graduation but it seems that whoever steps in to fill the void is going to drop and pass more often than not. The Rams threw for 2,829 yards and rushed for 1,318 yards in 2007 while posting a 7-5 overall record, which included a loss in the second round of the 4A-II State Tournament.

Those passing yards were actually down from the 2006 season when Washington threw for over 4,000 during a 9-4 overall campaign. Both 2006 and 2007 seasons were under the tutelage of their head coach

John Bechtold, who is back to air it out in 2008.

When the Rams drop back to pass, a favorite target will likely be senior wide receiver Trevor Johnson (6-2, 170), who had 26 receptions for 584 yards and four TDs in 2007.

When the Prospectors go on offense this Thursday, they will have to wary of the Rams senior defensive end Kharyee Marshall, called "one of the best kept secrets in the West," according to the recruiting organization, *Rivals.com*. In the past two seasons, Marshall (6-3, 205) has accounted for 208 total tackles and an amazing 28.5 sacks.

No wonder the senior defensive end has already received six offers from college football programs with more offers on the way.

According to Prospector head coach Rich Milligan, the scrimmage will be used to evaluate many things.

"One is to see how we read and execute the option game versus an actual opponent," Coach Milligan said. "Another is to get a look at our Juniors against

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Prospector head football coach Rich Milligan is about to enter his second season at the helm and says coaches will be looking for several key things in this Thursday's scrimmage with Phoenix Washington.

D.A.R.E. Night With The Mercury Sept. 5

Spend an evening with the World Champion Phoenix Mercury on Friday, September 5, at U.S. Airways Center as they take on the Sacramento Monarchs in an WNBA game and help out D.A.R.E. at the same time.

Specially priced discounted tickets for this "D.A.R.E. Night with the Phoenix Mercury" are just \$15 for lower level seats and \$5 from every ticket sold will be donated to D.A.R.E.

The Phoenix Mercury, led by All Stars Diana Taurasi and Cappie Pondexter, captured the 2007 WNBA title and are looking for a repeat performance in 2008. Taurasi and Pondexter are currently playing for the U.S. Olympic Team in the Beijing Olympics.

Early doors open at 5:30 p.m. on September 5 to watch the pre-game shoot-around and the WNBA game begins at 7 p.m. The U.S. Airways Center is lo-

ated at 201 E. Jefferson Street in Phoenix.

For more details, contact Nick Myers via telephone at (602) 379-7547 or via e-mail at nmyers@suns.com, or contact local D.A.R.E. Police Officer Bill Virtue at (480) 244-8873.



Prior to an AJHS girls basketball game last February, the Lady Prospectors got to meet Phoenix Mercury coach Corey Gaines (back row, middle) and former Mercury player and assistant coach Bridget Pettis (second row, far right) and pose with the 2007 WNBA Championship trophy

Apache Trail HS Adds 5th Home Football Game

Wolfpack will play Desert Hills on Friday, September 5 at 7 p.m. at Prospector Park

Apache Trail High School added a fifth home game to its inaugural season of football when its Saturday, September 6, game versus Desert Hills HS was moved to Friday, September 5, at 7 p.m. at Prospector Park, 3015 N. Idaho Road.

The Wolfpack will still open its 2008 season with a Saturday, August 30, game against Ocotillo HS to be

played at Mesa Westview High School.

The remaining schedule for Apache Trail HS includes a Friday, September 12, game versus Tempe Accelerated at Prospector Park, a Friday, September 19, game versus West Phoenix at Prospector Park, a Friday, September 26, game versus Arizona Charter Academy to

be played at the Glendale Youth Sports Complex, a Friday, October 3, game versus West Phoenix at the Glendale Youth Sports Complex, a Friday, October 10, game versus Ocotillo HS at Prospector Park, and a Friday, October 31, game versus East Valley HS at Prospector Park. All

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AJHS vs. Washington



(helmets courtesy of www.azhelmetproject.com)

Pre-Season Scrimmage

Thursday, August 21

7:00 p.m. • Davis Field

Bring a non-perishable food item to be donated to Food Bank and receive Free Admission!

Keys To The Scrimmage

- > A.J.'s option offense vs. Washington's passing game;
- > New offensive line for AJHS;
- > All State players RB Shane McCullen (AJHS) and DE Kharyee Marshall (WHS);
- > Play healthy - no key injuries

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